

Color and texture services are an investment in your image. To protect your investment, please consider these professional recommendations.

## Multiple Services

If enhancing your hair with both a color and texture service, it's important to discuss with your stylist which service should be performed first.

## Cleansing and Styling Tips

- Wait to shampoo hair 24 hours after a color service.
- Wait to shampoo hair 48 hours after a texture service.
- Avoid deep penetrating treatments for the first week.
- Use professional products with tepid water.
- Avoid pulling or stretching the hair when it is wet.
- Lower the temperature setting when drying.
- Use a thermal protective spray when using hot tools.

## Hair Perils

Sun exposure, tanning beds, chlorinated pools, hot tubs, and saunas can lead to deterioration of your color and/or texture service. If not avoided, fading, curl relaxation and dryness can become common challenges.

## Treatments

Weekly deep-penetrating treatments are important to maintain the strength and moisture balance of your hair.

Regular demineralizing treatments such as Mailbu improve the performance of all chemical color and texture services, particularly if you have a high iron content in your water.

Independent studies have shown that professional products extend the life of both color and/or texture services.



**SIMONSON'S**

SALON & SPA

MAPLE GROVE  
763-494-4863

ANOKA  
763-427-0761

PLYMOUTH  
763-550-1121

ELK RIVER  
763-441-5999

[www.simonsons.com](http://www.simonsons.com)

## Follow-Up Recommendations

Cleansers \_\_\_\_\_  
\_\_\_\_\_

Conditioners \_\_\_\_\_  
\_\_\_\_\_

Styling Products \_\_\_\_\_  
\_\_\_\_\_

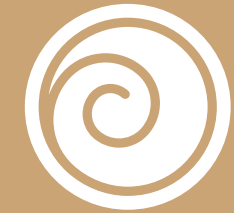
Finishing Products \_\_\_\_\_  
\_\_\_\_\_

### Tools

Brushes \_\_\_\_\_  
\_\_\_\_\_

Hot Tools \_\_\_\_\_  
\_\_\_\_\_

Services \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



CHEMICALLY  
TREATED HAIR  
RECOMMENDATIONS