

HydraFacial™ FAQ

BENEFITS

Q. What are the Benefits of HydraFacial™?

A. There are so many benefits:

- Incomparable deep pore cleansing and exfoliation
- Evens and brightens skin tone
- Stimulates collagen production to minimize fine lines and wrinkles
- Infuses vitamins and antioxidants
- Intensely hydrating
- Immediate and appreciable improvement in the overall health and appearance of your complexion

The HydraFacial resurfacing treatment procedure thoroughly cares for your skin providing cleansing, exfoliation, extraction, and hydration all while vortex-fusing antioxidants and Hyaluronic acid. The HydraFacial is a non-invasive, non-surgical procedure that delivers instant results with no discomfort or downtime. The procedure is soothing, moisturizing, non-irritating, and immediately effective.

Q. How do I know if I am a candidate for HydraFacial™?

A. The HydraFacial treatment is designed for all skin types. Your aesthetician may choose specific treatment serums and/or customize the treatment for your unique skin conditions and needs. There are some cosmetic ingredients, medications, and other skincare treatments or injectables that require some caution pre HydraFacial. To ensure the most effective and beneficial experience, please schedule a consultation with an Aesthetician prior to scheduling your treatment.

PERK TREATMENTS

Q. What is PERK?

A. PERK is an in-treatment for the lips or eyes and that deeply infuses nutrients into the fragile skin around the eyes and lips. The remaining serum is for take home use. Use daily to maintain the benefits 30-45 days between treatments. PERK is available in our Platinum Treatment and is an additional cost for the product.

Q. What are the Benefits of PERK?

A. These duo products are deep treatment plus home care in one!

- **Lip Replenishing Serum** plumps, gently exfoliates for smoother hydrated lips.
- **Eye Replenishing Serum** brightens, tones, firms and gently exfoliates to improve hydration around the outer eye.

PRE-APPOINTMENT

Q. Do I need to do anything special to prepare for my HydraFacial?

A. Yes! Follow all pre and post instructions as instructed by your Aesthetician.

Pre-Treatment for HydraFacial Treatments

- If you are prone to cold sores, you will need to contact your physician for antiviral medication; to avoid a post treatment breakout. It is recommended you begin prophylaxis two (2) days prior to a HydraFacial treatment and continue for five (5) days post treatment.
- Discontinue use of topical prescriptive medications such as Retin-A or Tretinoin, Tazorac, Dierin, EpiDuo, Ziana two (2) days prior to treatment.
- Discontinue use of Isotretinoin (Sotret, Claravis, Amnesteem, and Accutane) for one (1) year.
- Discontinue use of over the counter Glycolic and other Alpha Hydroxy Acids, Salicylic or Beta Hydroxy Acids, or other exfoliation products two (2) days prior to treatment.
- Discontinue use of over the counter Retinoid or Retinol products two (2) days prior to treatment.
- Discontinue use of Benzoyl Peroxide for two (2) days prior to treatment.
- Wait two weeks post injections (Dysport, Juvederm) and 7-10 days post Botox.
- Avoid sun tanning and sun tanning crèmes three (3) days prior to treatment.
- Refrain from waxing* and the use of depilatories seven (7) days prior to treatment.
- Wait 30 days post laser skin resurfacing or intermediate peels.
- Not had a phenol or other deep peel within one (1) year
- Shaving is not recommended prior to a gentlemen's treatment. If you must shave, please do so at least 3 – 4 hours prior to service.

(see next page for Post-Treatment)

POST-APPOINTMENT

Q. Do I need to do anything special after my HydraFacial?

A. Yes! Follow all pre and post instructions as instructed by your Aesthetician.

Post-Treatment for HydraFacial Treatments

- You may resume your daily activities or return to work immediately.
- Cosmetic make up can be applied following a treatment, however waiting until the next morning is preferred.
- Avoid direct sun exposure. All tanning and tanning beds must be avoided. (Although we recommend avoiding sun exposure indefinitely).
- Sunscreen will be applied to your skin before you leave. Protect your skin every day with a full spectrum sunscreen that protects both UVA and UVB.
- Avoid heat (hot showers, sauna, and intense cardio) for 24 hours.
- For the first two (2) days, use a mild cleanser, hydrating moisturizer, eye cream, and sunscreen.
- If you are treating hyperpigmentation, the use of lightening products is strongly recommended.
- Aggressive exfoliation and products containing acids should be avoided in the treatment area for minimum two weeks pre-and post-treatment.
- You may resume prescription retinoid products (Retin A, Renova, Tretinoin, Avita, Alustra or other brands of Tretinoin) and other prescription retinoid products (Adapalene, Avage, Differin, Tazorac, Tazarotene) two (2) weeks after last HydraFacial peel treatment, or as instructed by your technician. If you are receiving a series of treatments, do not resume any of these products until after you have completed your last HydraFacial treatment.
- Refrain from waxing*, electrolysis, or other hair removal methods for two (2) weeks. Upon resumption of waxing, please notify your technician that you recently had a HydraFacial treatment.
- Injections of any kind immediately following a HydraFacial are safe and recommend. HydraFacial is a great prep for the skin; injections are smoother.

* Please consult with your Aesthetician if you have recently had or plan to have a full facial waxing.